



MOUNT LAWLEY SENIOR HIGH SCHOOL
An Independent Public School

PRINCIPAL'S REPORT

As we come to the end of the year several events have been held to acknowledge the end of special programs including a farewell function for GAT Language students, the Aboriginal Excellence Dinner for students and parents and a SVAPA breakfast. In addition, each year group had a reward activity scheduled including a visit to Adventure World, Mocktail Party, and Dinner Dance.

As part of the McGowan Governments commitment to Career Education a Year 9 Carer Taster Program has been developed. Co-designed with industry, education experts, TAFEs and school sectors, the *Career Taster Program* offers an exciting opportunity for Year 9 students to extend their thinking through practical industry experiences to learn more about the jobs they are interested in and experience the world of work. Providing early access to career information and education pathways will help students make informed decisions about future subject selections for Years 11 and 12. An initial group of 50 students have been selected to take part in the first program which includes a visit to the Construction Futures Centre in Belmont.

We were delighted to learn that Poppy Fletcher, Year 9 has been selected as a member of the 2023 Premiers Anzac Tour. In 2023, the Tour will travel to Sydney and New Zealand between 16 and 26 April 2023 to commemorate the Anzac legacy and the 78th anniversary of the end of World War II. To date, 236 Western Australian secondary students have travelled with this educational program.

Many of our students have experienced individual success including representing the state and nation in sporting events, performing at an elite level in academic competitions, and serving the community through the Duke of Edinburgh Awards, Rotary and fundraising for special days. We are very proud of their efforts.

To the 2022 cohort who experienced three years of COVID disruption we offer you congratulations on all you have achieved. As a cohort you have proved yourself to be resilient, supportive, and dedicated. We are proud of each of you and look forward to hearing about your future successes.

On behalf of the executive team we commend the leadership team, the teaching and support staff, students, parents and carers, the school board, and P&C committee members for their hard work this year.

Lesley Street
Principal

STUDENT SUCCESS



Congratulations to **Sacha Bell** 12H3 French student on his achievement at the 111th edition of the Alliance Française de Perth Competition. Sacha was one of the top 7% of students in WA who was invited to the finals along with 19 other students from top private and public schools. Sacha participated in an 8-minute conversation in French and came 5th overall. Well done Sacha.



Congratulations to **Erina** 11H2 who came second, just one shot behind the winner in the individual AUS School Sport Australia U18 Golf Championship-Stroke. The School Sport Australia 18 Years and Under Golf Championships is a Golf Australia Boys' and Girls' Order of Merit Event. The Championship is played in two sections - a 36-holes individual stroke play competition, followed by a state team round robin match play competition. Only the overall results from the 36-holes stroke play competition count for the GA OOM. Well done Erina.



Congratulations to **Tim Jeffreys** 12H3 who came second in the 2022 Police Commissioners Youth Choices Film Competition, with his entry *Don't Get Sucked In*. The judges remarked that Tim's entry stood out among the submissions and was of industry standard. The awards evening was held at the WA Screen Academy and presented by the Commissioner for Children and Young People WA and the WA Police Force.



Congratulations to **Mega** 10F2 who was selected for the U16 National Soccer Championships at Coffs Harbour, NSW.

Last day of Term 4 is Thursday 15 December 2022
First Day of Term 1 is Wednesday 1 February 2023

LAWLEY LEGEND ARTHUR TURNS 104

Our very own Lawley Legend Arthur Leggett turned 104 on the 8th September 2022. The school made a presentation to Arthur on his special day and presented him with a gift and card from the staff to commemorate the occasion. In his own inimitable manner, Arthur made a speech full of humility and gratitude. As always, he spoke so well and embraced the youth as the future of tomorrow and looked around and said that ‘when he is surrounded by so many friends and family, he is not in a wilderness but in a meadow’ How true is that! Arthur was also interviewed by 6PR for his pearls of wisdom which can be streamed from their website.



COUNCILLORS FOR 2023

Year 8 Councillors 2023: **Natasha, Isla, Tara (Radar), Rachel, Xziva, Chelsea, Mackenzie, Imogen, Rose, Lyla, Juno.**

Year 9 Councillors 2023: **James, Erik, Sunny, Scarlet, Melda, Rebekah, Liana, Edison, Oliver, Ashley, Lana, Tayla.**

Year 10 Councillors 2023: **Tyson, Amy, Rowen, Jasmeet, Benjamin, Kenzie, George, Kaihua, Alexandria, Sophia.**

Year 11 Councillors 2023: **Mega, Amy, Joshua, Sebastian, Sofia, Angela, Ashanti, Harriet, Shirin, Tommy, Harry, Elena, Malaki, Dashiell, Yong Yik.**



LANGUAGES FRENCH DANCING & SINGING

On Friday, the 25th of November, Year 8 French Language students were allowed to participate in a French singing workshop with our school guest Bastien Picot. Mr Picot is a French singer/songwriter from Réunion Island.

Mr Pico spoke in French about himself and then asked us what we understood. After asking us some questions, Mr Picot requested us to count to four in French and stomp our feet on each count. Bastien called out a number in French, and we clapped our hands, achieving a beat via that method. Every student enjoyed this as it was a way to get our blood pumping! Mr Picot led us through a vocal warm-up. We repeatedly sing oui (yes in French) on different octaves, teaching us how to control our pitch and vibrato. Finally, as the lesson ended, Bastien urged us to join in as he created harmony around the classroom, telling various parts of the class to make different sounds at different pitches. We ended the lesson on a high note as we walked out of the room joyous and laughing. We thank Bastien Picot and the Alliance Française de Perth for supporting his visit.

Malachi, Elise & Lana



Y11 HEALTH STUDIES 'SHARE THE DIGNITY'



Share the Dignity is a women's charity in Australia that aims to support women experiencing homelessness, fleeing domestic violence, or simply doing it tough. Year 11 Health Studies students worked very hard to support this initiative and make a difference in our society by seeking donations from the school community. Students asked for donations for Sanitary products, Shampoo / Conditioner, Toothbrush / Toothpaste, Soap / Creams, Lip Balm, Roll on Deodorant and handbags to keep these items in.

Students were blown away by the generosity of staff and students at Mount Lawley Senior High School Community, where donations kept coming in day after day! Health students managed to pack a total of 49 bags filled with essential items for women in need. What an achievement for our community! Thank you for your support, the students are in awe of you all.



AEP STUDENTS: CULTURAL COOKING WORKSHOP WITH BINDI BINDI DREAMING

Aboriginal Excellence Program students joined Ms Baljic's Senior Home Economics students in a joint cooking workshop run by Marissa Verma from *Bindi Bindi Dreaming* as part of the school's commitment to integrating cultural perspectives across the curriculum. Marissa is a proud Noongar person with links to the local Whadjuk area. Her passion for cooking started when she experimented with traditional Noongar foods by infusing them with local herbs and spices. The amazing taste sensations that emanated from those efforts have inspired her to combine and share her love of food, cooking and the Noongar culture.

Before preparing the meals, Marissa passed spices around for students to smell and sample (e.g., lemon myrtle, bush sultanas and wattle seed). Marissa highlighted the fact that many of the traditional foods are often referred to as 'super foods' by today's nutritional specialists. The preparation of traditional, semi-traditional and current dishes served to provide insights into the culture of Noongar People as well as give students the knowledge and skills to share in the continuation of traditions that have been a way of life in our region for tens of thousands of years. Once Marissa gave students advice on how to prepare the various dishes, they wasted no time in getting their 'clean' hands to work. Students immersed themselves in producing apple and water-seed pancakes, lemon myrtle fruit salad and pepper berry, bush tomato and chickpea dips.

Joining us to lend a hand in preparing the lemon myrtle fruit salad was Dr Mark Shepherd, Managing Director of Aurora Environmental, who have been a tremendous supporter of the Aboriginal Excellence program since 2019. Lane and Darcy were most enthusiastic in their endeavours, being the first to complete their task. The combination of bush pancakes, topped with fruit salad and a touch of yoghurt proved to be a gastronomic delight.



Top photo: Dr Mark Shepherd, Managing Director of Aurora Environmental with Marissa Verma from *Bindi Bindi Dreaming* and some of the AEP students.

Second Top photo: Ms Ms Baljic's Senior Home Economics students providing some cooking tips to the AEP students.

Marissa provides some basic tips to Orlando, Nola and Charley, (above photo) whilst Alexis and Lucian fry up some tasty wattle seed pancakes (right).



DESIGN AN AD WINNERS

STUDENT SUCCESS

This annual competition run by the West Australian newspapers provides secondary students in WA an opportunity to design an advertisement based on a real advertising brief from one of eight participating organisations and, in doing so, learn about advertising, design and persuasive language.

Almost 700 advertisements were entered into the competition this year and these were judged by representatives from each company. The winning ads were chosen based on their visual appeal, originality and creative concepts. The following Year 8 students from Ms Thomson's English classes are to be congratulated.

- Lucy**, Advertisement: Act Belong Commit
- Amelia**, Advertisement: Ampol
- Rebekah**, Advertisement: Ampol
- Eva**, Advertisement: Foodbank WA
- Adam**, Advertisement: RAC
- Meher**, Advertisement: RAC
- Amethyst**, Advertisement: Scitech
- Milly**, Advertisement: Scitech
- Aja**, Advertisement: WA Parks Foundation
- Charlie**, Advertisement: WA Parks Foundation



Congratulations to **Tahlia-Rae Willcocks** (Year 11), who has been selected for the inaugural Western Australian Student Council 2022-2023.

She is one of 38 students selected from public schools across WA's eight education regions and will provide the Department of Education, and the Minister for Education and Training, with opportunities to respond to school issues and the needs of students.

As part of the WA Student Council, Tahlia-Rae will attend ministerial meetings, liaise with schools and students in their regions, attend student leadership activities and provide feedback to the Department of Education on various initiatives.



CAREER & ENTERPRISE WORK PLACEMENTS

In Career and Enterprise, students attain skills and knowledge in order to manage and take responsibility for their personal career development. Students explore their own strengths, weaknesses, interests and values and use this to complete valuable employment tools. Some of these tools include resumes, cover letters and e-portfolios. Career and Enterprise students also complete Workplace Learning, WPL. The WPL program provides opportunities for students to demonstrate, and develop increasing competency in, the core skills for work. These skills are often referred to as transferable or employability skills. This Year students had the opportunity to speak to over 200 potential employers at the 2022 SkillsWest Careers and Employment Expo. The Career and Enterprise students have had a fantastic year and can be proud of their accomplishments.

Ms Lauren MCGrath Careers and Enterprise Teacher

In Career and Enterprise this year we have explored numerous learning styles and interview tips to prepare us for entering the workforce as young adults. We have gained knowledge on how to defeat and use to our advantage, the factors that impact work effectiveness and the workforce as a whole. We have begun our journeys to becoming efficient workers and gaining an idea of what we could achieve when we leave school.

Marley

In Career and Enterprise this year we have completed our E-portfolios and resumes. We learned how to write and structure a resume. We completed an IPP, E-portfolio, made a PowerPoint on Learning Styles and attained the WorkSafe SmartMove Safety Certificate. We explored global trends and were taught how to act and respond to different workplaces face-to-face or digitally. We went on Workplace Learning experiences and filled out logbooks of our time there and the tasks we completed. This gave us a sense of different work environments and the things that may be interesting in regard to our future. At the Career Expo, we saw stalls that promote and advertise their work environment and industry. We also saw TAFE and UNI stalls showing us different pathways. While I was there I spoke to a group of ladies promoting Beauty, such as nails, makeup and hair. They told us about the different ways you can apply if you are interested and the things that they do in the course.

Jada

This year in C&E, I achieved a certificate in WorkSafe SmartMove, I also achieved excellent feedback from all work placements I went to. I went to BM Techniks and was offered a possible apprenticeship starting next year, I told them I was greatly appreciative but still need to finish school and hope it still stands for when I do. But I won't be disappointed if it's not as I am more interested in becoming a Forensic Detective and taking a Gap Year with the Army. This year we were gifted the amazing opportunity to go to the Careers Expo and learn about



different career paths and gain more information about possible career pathways I have an interest. The career pathways I learnt more about were the Western Australian Federal Police Force and the Australian Army.

Elektra

INSAIN

Year 9 student Asha met with Police Constable Janine Holder and Cadet Ismail as part of her involvement with the Insain Visionworks™ program with the task of asking some questions about their experiences and career pathways.

Asha aspires to have a career with the Police Department, with a focus in the K9 unit. Through the Insain Project Asha has been creating and exploring what her vision of her future involves and the actions and barriers she will face along the way.

The officers generously gave their time to Asha by visiting her on campus to allow her the opportunity to ask questions and for help with her vision. Registrations for the Insain Visionworks™ program are open to Year 9 and 10 students, for further details contact Tas and Judy at Student Services.



CYBER SAFETY



As you're undoubtedly aware, our young people are often deeply immersed in the online environment. Whilst we all recognise the benefits of what the internet has brought us, we are all very cognisant that inherent risks come with the ways our children engage with the various apps available to them.

Mount Lawley Senior High School is proud to be partnering with Safe Counselling Australia to help raise the awareness of parents/carers of the dangers that exist on the internet, as well as provide strategies parents can employ to mitigate those risks. On Wednesday, 7 September, at ECU Mount Lawley campus, Candice Adams of Safe Counselling Australia explained exactly how our children can put themselves at risk and outlined the steps parents can take to keep their children as safe as possible. The evening was very successful, with over sixty people attending.

Candice has also been running sessions in class for all Year 8 students this week and ran sessions with Year 7 earlier during the year.

For parents/carers unable to attend this important session, an attached flyer covers the main points and provides further information and links. <https://www.lawley.wa.edu.au/view/news-archive-2022/20220909095132>

Also there is further information about Cybersafety on our school website at:

<https://www.lawley.wa.edu.au/view/information/cybersafety>



HONOURS SOCIETY

The school's Honours Society was established in 1982 as a means of recognising the academic achievements of our top students.

The original charter decreed that:

"THIS SOCIETY was established to recognise outstanding scholastic achievement in years eleven and twelve at Mount Lawley. The Society recognises hard work, consistent application and the resulting high standard of excellence in academic achievement. A student really "selects himself" through his attitude and application to his studies in upper school. To be eligible for membership, a student must achieve a mean average of 420 or above over their entire upper school career at Mount Lawley. Each new member is given an emblem that is hand-stitched in the original Mount Lawley blue and pink and a silver lapel pin with their name and leaving year engraved on the back."

Since this time, changes have been made to the selection criteria to keep up with the changes in education (eg. the 420 mean average was based on the TAE which ended in 1985). Now the Honours Society criteria is based on ATAR & General Subjects between 4 to 6 subjects over the two years and their number of 'A' grades. Honours Society are given a gold 'Honours Society' badge showing that they are exclusive members of this elite group. Throughout its history, however, the Honours Society has always acknowledged those students whose efforts have proved themselves worthy of selection.

Guest speaker at the school assembly was Dr Natasha Banning who is an alumni student from Mount Lawley in the Class of 1991. At school she won both the Biology and Chemistry prizes, was a member of the Debating team and was inducted into the Honours Society. Natasha is now a part of the Rehabilitation and Mine Closure team lead at Stantec and an innovation lead. Natasha has extensive consulting experience on rehabilitation monitoring and completion criteria development for mining and energy projects across Australia. Prior to consulting, Natasha was a research scientist at the University of Western Australia with a technical focus on the soil function and ecology in restored ecosystems. Student response was given by Honours Society recipient Dylan Webster.



HONOURS SOCIETY 2022

L-R standing - Jason Feng, Thisal Wickramasinghe, Jadzia Weatherald, Tiffany Lee, Ally Agha Amiri, Sacha Bell, Matthew Deighton, Bill Pham.

L-R sitting - Daniel Ryan, Nevin Soji, Kha Huynh, Lola Gazieva, Kira Wiley, Montana Mann, Dylan Webster. Absent: Roger Pang

Associate Principal Julie Simon (L) with Principal Lesley Street (R)



WORLD GREATEST SHAVE PART 2

To continue the efforts of students who participated in the Term 1 event with constraints with COVID, (please refer to Lawley Update 2) the second part of the World's Greatest Shave continued in mid August. The day also included Trading stall and music. Congratulations to the Mount Lawley Senior High School World's Greatest Shave Team!

These young people have demonstrated courage and commitment - THANK YOU!

Over \$13,700 was raised for the Leukaemia Foundation & 10 bags of 20cm+ hair donated to Sustainable Salons.

This school-based event was AMAZING!! Brilliant support and enthusiasm was enjoyed by all involved. Mr Michael Griesser & Michelle Farnan (parent/hairdresser) (Nuvo Hair Studio), who donated their expertise and time to shave & cut on the day.

Congratulations to the following students who participated in the event:

- James**
- Isabelle**
- Gareth**
- Tommy**
- Shirin**
- Yong**
- Naaman**
- Milla**
- Matilda**
- Jade**
- Will**
- Ashley**
- Ally**
- Zia**
- Ella**
- Kiara**

Mrs Claire Bew,
Healthy Active Coordinator





MUSIC WORKSHOPS WITH DR OEHLERS

Dr Jamie Oehlers, the Associate Dean of Music from WAAPA, delivered two inspirational music workshops to our students at Mount Lawley Senior High School.

The first workshop was a prize for our Year 8 and 9 Jazz Combo who won a citation for their outstanding performance at the recent West Australian School's Jazz Festival. Jamie provided them with expert advice on Jazz improvisation and ensemble skills in front of an audience of keen Music Students.

The second workshop was a Masterclass for Jazz Saxophone; Jamie himself being an internationally recognised Jazz Saxophonist. He focused on technical skills and improvisational language with saxophonists from all year groups.

It is a privilege for our school to have strong ties with WAAPA, and all students engaged in all the activities Dr Oehlers presented, benefitting immensely from the experience.



GAT INDUCTION DAY

Did you know that China has only 1 time zone? Or that there's no such thing as Spaghetti and Meatballs in Italy? Our incoming 2023 Gifted and Talented Languages students were treated to trivia galore during their GAT Induction Day at Mount Lawley Senior High School.

The School Languages Captains were MC's for the event and the parents of the P & C GAT Languages Support group also spoke to incoming parents/carers and students about the benefits of joining the subcommittees.

The Year Six students were overwhelmed by the school's amenities, with audible gasps at its grandeur heard regularly during their student-led school tour. The youngsters - big fans of each culture's food, feasting on cultural favourites and cooking up a storm in the home economics kitchen.

Fresh pasta and mooncakes are on the menu that particular day. The prospective alums plunged their hands into pasta dough under Chef Valentina's watchful eye. The accomplished restaurateur provided plenty of tips and tricks for perfect pasta, students heading home with dinner and their mooncake dessert!

Matthew Farsalas, Italian Teacher



MEDIA NIGHT WITH YEAR 12

The Year 12 Media Night was a great success with student, parents, friends, cast and crew getting together in MA2, the "Media Room" to view the Year 12 final film productions last week. There were six short films that were vying for the coveted "People's Choice" Award.

The first half of the night featured video clips from Year 11's Kate and Lazo, as well as past winners of the People's Choice Award for Short Films, Charles Varcoe and Hades Nguyen. Charles finished school last year and has been accepted to the Australian Film, Television and Radio School in Sydney.

After a 20-minute intermission with popcorn, maltesers and soft drinks, it was time for the main event. Each film was met with enthusiastic applause, and then, it was time for the vote.

Voting saw three front-runners but the final count saw Paper Dreams by Will take the honours, with Be the Flame, not the Moth by Una second, and Lemons by Jade third. By the way, Una has been accepted into Fine Arts at Sydney University next year.

So, another great Media Night came to a close putting a book-end to the year for the Year 12 Media students. We wish this talented group of students all the best in their post-school endeavours, and there's very chance some of them will be our next generation of media producers, film makers, journalists, writers and story-tellers.

Bon Voyage!

Mr. Chris Carrigg, Media Teacher



LANGUAGE STUDENTS @ ITALIAN FILM FESTIVAL

From the classics of “Federico Fellini” to the creation of the “Spaghetti Western”, Italian cinema has always impacted the film culture. Select Year 10 and 11 Italian Language students experiencing the wonders of this firsthand, attending the St. Ali Italian Film Festival at the iconic Luna Cinema of Leederville.

For those undertaking the Italian ATAR Pathway, this film explored the complex issues of fascism by watching the Italian movie “The Shadow of the Day”. Students were fascinated by the struggle of Italian citizens during wartime, discussing the plight of those conscripted and the hardships faced by those in hiding who ultimately fled the country.

Following the film’s conclusion, many lunched in Leederville, and students took advantage of the area’s Italian influence, enjoying gelato and the surrounding restaurants and eateries.

By Matthew Farsalas



MIDDLE SCHOOL ASSEMBLY

During the Term 4 MS Assembly, Year 7 & 8 students were able to hear about the exciting adventures of the Year 8 Camp from the last term and view a short video. The Year 8 Coordinator, Ms Queenie Wan, presented special 'Camp Cups' to the teachers who supported the event. Without their assistance, the camp would not be possible.

The Year 7 & 8 Councillors presented their reports to the Middle School Community, and a musical piece was by one of the Music students. Also, the School's Community Awards were presented to students in each Community who were identified as "Community Champions", focusing on community spirit and citizenship rather than academic achievement. Congratulations to all Community Champions.



MIDDLE SCHOOL COMMUNITY 3 AWARDS T4



LANGUAGES CHINESE: HANFU CLOTHING

Hanfu (汉服), also known as Han-styled clothing, is traditional Chinese clothing from the Shang Dynasty (商朝) up to the end of the Qin Dynasty (秦朝). The Hanfu features a loose upper garment with sleeves, a skirt-like lower garment, and a belt sash that is often decorated with accessories such as jade or a pouch-like bag containing herbal/floral scents.

We had done an in-class activity on traditional Chinese clothing, including the Hanfu and Qipao (旗袍). Our Chinese teacher, Liu Laoshi (刘老师), brought in some traditional Chinese outfits for us to try on after learning about the history of China's clothes. There was a variety of Hanfus to try on and stylise, and there were Hanfus for both genders.

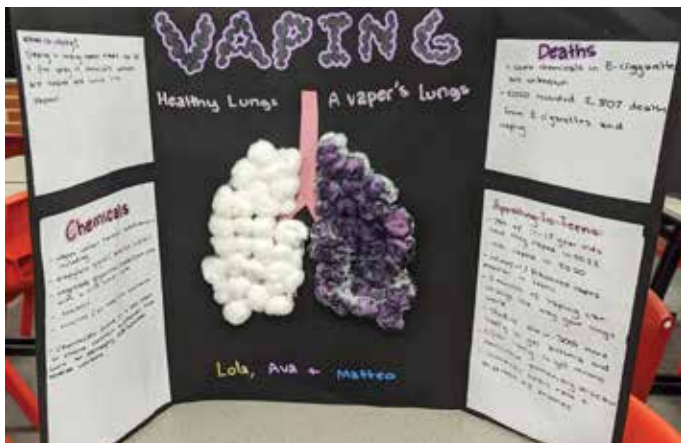
Overall, we gained a better understanding of the types of traditional Chinese clothing, where/ when they originated and how to wear them properly.



YEAR 7 STEAM FAIR

The first 'STEAM' Fair was held in Year 7 Communities 3, 4 & 5 during the last week of Term 3. Students have been researching the 17 UN Sustainability Goals and chose 1 goal to focus on in their group.

They were looking at ways to find solutions to problems on a community or global scale. There were lots of warm-hearted fundraising for charities (campfire-themed cupcakes, biscuits, brownies & rocky road always helps spread a message). There were also dynamic dioramas, informative posters, PowerPoints and quizzes rich in creativity and critical thinking!! Well done, and here's to helping everyone understand that we can all make a positive impact.'



SUSTAINABLE DEVELOPMENT GOALS



YEAR 10 INVITATION TO SKILLS BREAKFAST

The Year 10 Skills Recognition Breakfast was a genuinely eye-opening experience. The guest speaker, Jordan's story, was truly inspiring and gave us all many things to think about as we continue our journey throughout high school and after we leave. He discussed all his struggles, challenges, and defeats during his life and how he always picked himself back up using the support he had around him.



The final advice he gave us was "don't put all your eggs in one basket", as life is unpredictable, and you never know what could happen the following week.



He especially encouraged us to reach out and seek help no matter the situation because, in the end, it will only make life that bit easier.



The actual breakfast was kindly hosted by the Year 12 Certificate II Hospitality class. There, students had the opportunity to speak closer with Jordan or any other teacher who attended. Overall, it was a great experience and helped us realise how not everything will go our way and that asking for help is okay.

Written by Elena C



ROTARY INTERACT



The Mount Lawley Senior High School Interact Club continues to prosper and increase its membership and students are making a difference by participating extensively in their chosen projects. Each year, Interact clubs complete at least two community service projects, one of which furthers international understanding and goodwill.

Through these efforts, Interactors develop a network of friendships and learn the importance of:

- Developing leadership skills and personal integrity
- Demonstrating helpfulness and respect for others
- Understanding the value of individual responsibility and hard work
- Advancing international understanding and goodwill

Their fundraising activities this year consisted of:-

- Sausage Sizzles
- Assisting the Rotary Club of Mount Lawley and Morley at their Fundraising activities.

Many thanks to all students who participated enthusiastically and to the Rotarians from the Rotary Club of Mount Lawley for their guidance and assistance.

The funds have been directed towards:-

- Providing materials for our sister school in East Timor
- Providing funding to offer a scholarship to support two primary students to attend a High School in East Timor.
- Supporting the "Wheelchairs for Kids Project" conducted by the Rotary Club of Scarborough.
- Contributing, with the Rotary Club of Mount Lawley, towards a project in Zambia to install water bores and pumps to provide clean water at a local School.
- For their major Local project the students donated a substantial sum to "Zero to Hero" an organisation dedicated to increasing understanding of mental health issues among children and young people.

During the meetings this Year the Interact Club members were informed of the progress of students supported in East Timor, by Ms Jan Roberts who visits the School each year. We also had our own students giving details of the National Youth Science Forum. Mr Warren Daniel, a former Head of English at Mount Lawley Senior High School, spoke to the students about coping with stress. Ms Street spoke to the students about the importance of volunteer work and Ms Dianne Buckles from the Red Cross spoke to the students about the importance of preparedness in case of emergencies. Congratulations to all students who participated enthusiastically and to the Rotarians from the Rotary Club of Mount Lawley for their support.

A successful changeover function was held on September 8, 2022 which was attended by Mr Ian Murray from The Rotary Club of Mount Lawley, the District Governor of Rotary Ms Ineke Oliver and Associate Principal of Mount Lawley Senior High School Mr Camilleri.



Associate Principal Mr Camilleri with the retiring committee. From Left Treasurer Isabelle , Vice President Laura, President Maya and Secretary Amy Carter



District Governor Ineke Oliver with the Interact Committee for 2022-2023. From Left Secretary Kristy Vice President Diya, President Maya and Treasurer Isabelle . (The second Vice President, Rosie Streeton was absent on the day)



Photos Below: Students assisting at Fund Raising Functions conducted by the Rotary Clubs of Mount Lawley and Morley



Maya with Ms Street who spoke on the value of Volunteering.

Amy Carter & Mr Warren Daniel who spoke on coping with stress.

Maya and Dianne Buckles who spoke on Preparedness

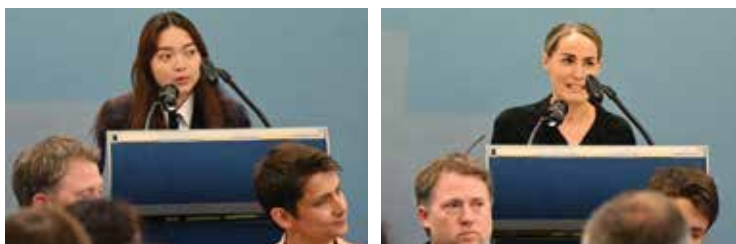
GAT BREAKFAST FAREWELL TO YEAR 10



L-R: Front row: **Jessica, Naaman, Gabriel, Harrison, Brian , Chloe, Viana, Tiana, Behrooz, Flynn, Julian, Adrian, Isabelle.**
Back row: **Luke, Eladia, Nancy, Shirin, Shola, Nilani, Eoin, Elena, Nayonika, Aanishka, Hana, Sophie, Yong, Rosa, Luka, Richard, James.**
Absent: **Taison**

On December 6th, the Year 10 GAT students and their parents were invited to the Gifted and Talented Languages Farewell Ceremony and Breakfast. Students were awarded certificates and a pen at the ceremony to acknowledge their participation in the program from Years 7 - 10.

The Language Captains and staff spoke to students, congratulating them on their achievements and wishing them the best for their future endeavours. Guest speaker, Ms Joanna Kems from the Gifted and Talented Unit at the Department of Education, spoke of the importance of languages and encouraged students to continue learning their language. After four years together in the program, the GAT students said an emotional goodbye to the program they had shared for a large part of their high school career. Once the ceremony had finished, the students and their parents enjoyed the wonderful breakfast. Students, teachers and parents mingled before it was time to head back to class.



Mrs Chapman Program Coordinator – Languages & GAT

GAT CLUB TERM 4

BAO BUNS AND DIM SUM: A GAT CLUB FOUR FEAST

BBQ Bao Buns, braised beef and a bunch of hungry Mount Lawley students made for a fantastic finale to the Gifted and Talented Languages program this year. Pupils from Years seven to ten enjoyed a plethora of dishes during their excursion to the Chinese restaurant Wang's Treasure House. The outing is an opportunity for our Gifted and Talented cohorts to practice ordering in the language and a chance for students to sample the culinary delights for which Chinese culture is renowned.

Facts were flying across the tables as plenty traded trivia over the original birthplace of fortune cookies. Others were too busy digging into their dumplings, enjoying the dim sum on offer as they delved into a master class on how to say "delicious" in mandarin.

One thing is for sure, students finished the day full and filled up after feasting on a range of delicacies on offer.

By Matthew Farsalas, Italian Teacher



INTERSCHOOL ATHLETICS CARNIVAL



Year 7 3rd Runner up Champion Girl **Jasmine** Year 8 Runner Up Champion Girl **Tayla** Year 9 Runner Up Champion Girl **Riannah** Year 10 Champion Girl **Sophie** Year 10 Runner up Champion Boy **Harrison** Interschool Athletics Captain **Ella** Interschool Athletics Captain **Marcus Xavier**

On Tuesday the 18th of October over 100 student athletes travelled to Ern Clark Athletics Centre to represent Mount Lawley in the annual SSWA Interschool Athletics Carnival. It was a new venue for the carnival due to track works tacking place at the State Athletics Centre. We were met with a perfectly sunny day and students were excited to get competing.

We started the day quite strongly with some good results in the long-distance running events and held an early lead on the overall points tally. Throughout the day all students performed their best and walked away with some excellent results. Heading into the relays we were sitting in second place behind Darling Range Sports College, though after some clean baton changes and three out of eight relay wins, we were announced the Champion School! All of the early morning training sessions had paid off and resulted in a great win for the school. Next year we will be moving up to A grade and will need to pull out some more great performances in 2023.

We would like to acknowledge some fantastic individual performances from the day;

Year 7 3rd Runner up Champion Girl **Jasmine**

Year 8 Runner Up Champion Girl **Tayla**

Year 9 Runner Up Champion Girl **Riannah**

Year 10 Champion Girl **Sophie**

Year 10 Runner up Champion Boy **Harrison**

All students were fantastic ambassadors for the school. HPE would like to specifically congratulate **Marcus Xavier** and **Ella Summers** for being elected Interschool Athletics Captains and thank all Year 11 and 12 students who took time out of their busy study schedules to represent the school, we would not have achieved this fantastic result without you. Well done to all.

Madeline Morskate
Health and Physical Education Teacher



INTERSCHOOL ATHLETICS CARNIVAL



House	Points
O'Connor	4698
Murdoch	4320
Forrest	3591
Hackett	3177

HOUSE ATHLETICS CARNIVAL

The 2022 Movie themed House Athletics Carnival has been run and won for another year. We ordered some gold class weather and the day delivered with a lovely, sunny 22-degree day. Student spirit and enthusiasm was high with awesome costumes and records being broken throughout the day.

HPE would like to thank students, staff, parents and the community for their support of the House Athletics Carnival. Congratulations to the individual champions, event winners and a big congratulations to O'Connor for winning the Overall Shield for the day.

The results of the day are as follows.

Individual Achievement



Year	Gender	Champion	Runner-Up
7	Female	Jasmine	Asha
	Male	Anda	Alex
8	Female	Tayla	Scarlet
	Male	Jarvis	Fergus
9	Female	Addison	Riannah
	Male	Tyson	Jack /Alixander
10	Female	Sophie	Luca
	Male	Harry	Sebastian
11	Female	Mackenzie	Siena
	Male	Judd	Lachie
12	Female	Olivia Fowler-Bhalsod	Abbey Skewes
	Male	Marcus Xavier	Max Lippiatt

Middle School

House	Points
O'Connor	2080
Murdoch	1586
Hackett	1485
Forrest	1430

Upper School

House	Points
Murdoch	1833
O'Connor	1464
Forrest	1067
Hackett	1007

Senior School

House	Points
O'Connor	1154
Forrest	1039
Murdoch	901
Hackett	740



HOUSE ATHLETICS CARNIVAL



JUNIOR BASKETBALL

This year the Mount Lawley Senior High School Junior Basketball Team achieved incredible success across two different carnivals and a grand final match. In early Term 3 a team of Year 9s and one Year 7 student competed in the School Sport WA (SSWA) Central Division carnival against Churchlands, Bob Hawke, Shenton & Perth Modern. The team won in the final against Shenton College to be crowned Central Division Winners. The team had now qualified to compete at the North of the River Finals.

This carnival took place in Week 9 of Term 3, and all girls were very excited about the challenge of playing new schools. The girls were in Pool A up against Kinross, Duncraig, Perth Modern and Carine; they had a rocky start losing to Carine SHS in their first game, though bounced back to win all their pool games, putting them second in the pool and up against the winners of Pool A, John Septimius Roe ACS, in the first semi-final. The girls were all very focused in this game and showed great teamwork and skill to come out with a solid win. This bought them back to playing in the North of the River Final against Carine, who had beaten Woodvale SC in their semi-final. The girls recovered from their loss at the start of the day to win this close game, 15-10.

Mount Lawley has now crowned the North of the River winners and through to the SSWA Junior Champion Schools Grand Final, something usually reserved for basketball specialised schools. On the last Tuesday of Term 3, the team came up against basketball heavyweights and South of the River winners, Willetton SHS, in the Grand Final. The girls played strongly but went down to Willetton and ended as Girls Junior Basketball Champion School Runners-Up.

This was a massive achievement for the team and has them as one of Mount Lawley's most successful basketball teams. Each student received individual medals & the shield now sits in the sports trophy cabinet. Team Members are:

- 1 **Ashleigh** (Year 9)
- 2 **Addison** (Year 9)
- 3 **MacKenzie** (Year 7)
- 4 **Lottie** (Year 9)
- 5 **Bridget** (Year 9)
- 6 **Bronte** (Year 9)
- 7 **Anneka** (Year 9)
- 8 **Cadence** (Year 9)
- 9 **Kenzie** (Year 9)
- 10 **Eloise** (Year 9)
- Scorer: Kate** (Year 11)
- Referee: Ella Summers** (Year 12)



SCIENCE : HUMAN BIOLOGY 12

Year 12 Biology students were given a great opportunity to visit the BioDiscovery Centre at the Harry Perkins Institute of Medical Research in Nedlands. And one can see from the photographs the students found the experience both valuable and enjoyable.



TOP OF SUBJECT AWARDS: FINAL ASSEMBLY

Year 7

Name	Subject
Emily (Powder) Chon	Art
Gracie Tomlinson	Chinese Second Language
Navina Tran	Chinese GAT Second Language
Kevin Zhong	Computing
Chloe O'Brien	Design & Technology
Gretta Hegarty	Drama
Nya Casotti	English
Mila McPherson	French Second Language
Navina Tran	Health Education
Ardini Abdul Rahman	Home Economics
Ardini Abdul Rahman	Humanities and Social Sciences
Violet Nugent	Italian Second Language
Akshaya Alaboina	Italian GAT Second Language
Leah Shin	Japanese Second Language
Kalani Nagashima	Korean Second Language
Emily Chen	Mathematics
Alicia Xavier	Media
Eric Ramsay	Music
Mackenzie Markovic	Physical Education
Alexander Thompson	Physical Education
Timothy Marriott	Science
Mila McPherson	SVAPA Drama
Emily Oldham	SVAPA Media
Jasmine Iemma	SVAPA Music
Emily Oldham	SVAPA Art



Year 8

Name	Subject
Kate Moller	Art
Tomoe Ochi	Chinese Second Language
Meher Lobana	Chinese GAT Second Language
Tomoe Ochi	Computing
Gracean Alago	Design & Technology
Ella Nguyen	Drama
Meher Lobana	English
Amelia Taylor	French Second Language
Julien Scaffidi-Gennarino	Health Education
Scarlet Blechynden	Home Economics
Isabella Tsang	Humanities and Social Sciences
Sabrina De Carolis	Italian Second Language
Amethyst Kong	Italian GAT Second Language
Isla Karol	Japanese Second Language
Daisy Skender	Korean Second Language
Amethyst Kong	Mathematics
Ariella Tulley	Media
Ginger Thomson	Music
Charli Bassett	Physical Education
Fergus Reeson	Physical Education
Ava Adams	Science
Maisie Kops	SVAPA Drama
Lana Doyle	SVAPA Media
Conrad Cvitan	SVAPA Music
Imogen Jobson	SVAPA Art



TOP OF SUBJECT AWARDS: FINAL ASSEMBLY

Year 9

Name	Subject
Zoe Jacobsen	Art – Expressive Arts
Eva Edwards	Art – Creative Design
Matilda Burath	Chinese Second Language
George Holder	Chinese GAT Second Language
Amy Ehrhardt	Computing – Digital Technologies
Xavier Major	Computing - Programming
Callum (Jinx) Cuddihy	Computing - Robotics
Remi Gotsis	Design & Technology – Design Materials
Rajveer (Raj) Singh	Design & Technology - Prototyping
Jessica Wang	Drama - Acting 101
Gemma Celi	Drama B – High School Musical
Cheng Leng (Dominique) Loh	English
Cloe Kinder	French Second Language
Eva Edwards	Health Education
Addison Markovic	Home Economics - Food
Pippa Turnbull	Home Economics – Clothing/Textiles
Pippa Turnbull	Humanities & Social Sciences
Gemma Celi	Italian Second Language
Audrey Brown	Italian GAT Second Language
Anjali Banerjee	Japanese Second Language
Cheng Leng (Dominique) Loh	Korean Second Language
Pero Tomic	Mathematics
Rhania Khan	Media – Television Drama
Peta Catania	Media – Advertising and Audiences
Xavier Major	Music
Rowen Gage	Physical Education
Jack Dickie	Physical Education
Pero Tomic	Science
Genie Hurry	SVAPA Drama
Rowen Gage	SVAPA Arts/Media
Ally Chin	SVAPA Music

Year 10

Name	Subject
Shirin Kwang	Accounting & Finance
Beyonce Gatus	Café Studies
Gracie Rigby	Child Care
Tommy Kiet Si Lu	Chinese Second Language
Shirin Kwang	Chinese – GAT Second Language
Elisa Lau	Clothing Designs
Georgia Thomas	Criminal Minds
Jinyu Wang	Digital Technologies – Digital Media
Joshua Abordi	Digital Technologies - Programming
Brendan Flannery	Digital Technologies - Robotics
Avani Zheng	Drama
Sofia Strano	Indigenous Studies
Isobel (Alex) Lippiatt	Drama Intensive
Elizabeth Widderick	English
Zoe Taylor	French Second Language
Calyn Reid	Health Education
Angela Le	Humanities and Social Sciences
Joshua Abordi	Industrial Technologies
Ruby Mahoney	International Foods
Angela Le	Italian Second Language
Chloe Burns	Italian – GAT Second Language
Anish Mayaluri	Japanese Second Language
Beyonce Gatus	Korean Second Language
Kevin Phan	Mathematics
Joshua Abordi	Mechatronics
Jessica Del Casale	Media
Chloe Burns	Media Intensive
Rosalie (Rosie) Scutt	Music
Jaxon Russell	Outdoor Education
Ripley Bull	Photography
Rylan Candy	Physical Education
Megan Phillips	Physical Education
Sebastian Williams	Physical Education Studies
Hannah Brasier	Physical Education Coaching
Kevin Phan	Product Design
Sophie Alteruthemeyer	Psychology
Joshua Abordi	Science
Mallissaa Moran	Visual Art
Sophie Anderson	Visual Art Intensive



FINAL ASSEMBLY AWARDS

Middle School Dux Award: Meher Y8 Presented by Mr Simon Millman, Member for Mount Lawley

Upper School Dux Award: Elizabeth Y10 Presented by Mr Simon Millman, Member for Mount Lawley

Alma Porter Award: Jessica Y10 Presented by Mr Simon Millman, Member for Mount Lawley

Des Beard Middle School Citizenship Award: Ashley Y8 Presented by Captain Ray Galliot, RFD Ex-POW Association of WA *The Ex-Prisoners of War Association Cadet of the Year Award: Kenzie* Y9 Presented by Captain Ray Galliot, RFD

Ex-POW Association of WA

The Arthur Leggett Writing Prize for non-fiction: Ruby Y9 Presented Paul Stokes on behalf of the Lodge of Sincerity *Australian*

Defence Force Long Tan Leadership & Teamwork Award: Amy Y10, *Amy Carter* Y12 Presented by Stephen White *Australian Defence Force Future Innovators Award: Joshua* Y10, *Sacha Bell* Y12 Presented by Stephen White

The Walter Horeb Literary Award Poetry: Belinda Y11, *Prose: Chloe* Y10

Presented Mr Warren Daniel on behalf of Mr Walter Horeb Former English Head of Department

Year SVAPA Awards: Emily Y7, *Malachi* Y8, *Heidi* Y9,

Presented by Ms Jane Forward Convenor SVAPA Parents' Group

Principal's Gifted and Talented Awards:

Chinese: Navina Y7, *Meher* Y8, *George* Y9, *Shirin* Y10.

Italian: Akshaya Y7 *Amethyst* Y8 *Audrey* Y9 *Chloe* Y10

Presented by Sangeetha Durgam GAT Parents Group

Anita Chong & Geoff Davis Chinese Language Certificate: Gracie Y7 *Tomoe* Y8 *Matilda* Y9 *Tommy* Y10 *Principal's Language Awards*

Italian: Violet Y7 *Sabrina De* Y8 *Gemma* Y9 *Angela* Y10

French: Mila Y7 *Amelia* Y8 *Cloe* Y9 *Zoe* Y10

Japanese: Leah Y7 *Isla* Y8 *Anjali* Y9 *Anish* Y10

Korean: Kalani Y7 *Daisy* Y8 *Cheng Leng* Y9 *Beyonce* Y10

ANZAC Tour finalists 2023 Poppy & Ruby of Year 9 Presented by Mr Kieren Pearce

Duke of Edinburgh International Awards:

Bronze Award Year 10: Belis, Rosa, Ella, Elisa, Fletcher

Silver Award Year 10: James Presented by Ms Claire Bew Healthy Active Coordinator

Lawley Art Auction Awards Year 10: Tobias, Giselle, Maalissa, Noah

Young Originals Award Year 9 Alannah, Rowen Presented by Simon Millman Member for Mount Lawley

International Chemistry Quiz: High Distinctions (A High Distinction is awarded to the top 10% of all students in the state).

Year 7: *Danish* Year 9: *Amethyst* Year 10: *Thompson, Joshua, Noah*

Australian Mathematics Competition High Distinction (High Distinction is awarded to the top 3% of all participants in the state)

Year 9: *Michael, Katherine* Year 10: *Noah, Angus* Presented by Joyce Mah Program Coordinator Maths *2022 Australian*

Mathematics Olympiad Year 7 Angelia Highest Score in Year 7 Year 8 Zara Highest Score in a Contest and Overall Top 25%

Amethyst Top 25%, *Caitlyn* Top 25% Presented by Joyce Mah Program Coordinator Maths

COLOURS AWARDED TO:

YEAR 9 : **Ally** Academic, **Bridgett** Service, **Gloria** Academic, **Jacinta** Academic, **Joseph** Academic, **Lyla** Academic, **Michael** Academic, **Ming** Academic, **Pippa** Academic, **Riana** Academic **Ruby** Academic, **Sophie** Academic.

YEAR 10: **Aika** Academic, Academic 1 bar, **Alan** Academic, **Amy** Academic 1 bar, **Ashanti** Academic, Academic 1 bar, Service, Service 1 bar, **Belis** Academic, Academic 1 bar, Service

Cassia Arts, House, House 1 bar, Sport, Sport 1 bar, **Chelsea** Service, Service 1 bar, Sport, Sport 1 bar, House, House 1 bar

Chloe Academic 1 bar, Service, Service 1 bar, **Dashiell** Service **Elena** Academic, Academic 1 bar **Elizabeth** Academic, Academic 1 bar, **Fiona** Academic, **Gabriel** Academic, **Hannah** Academic 1 bar, Sport 1 Bar, Service 1 bar, House 1 bar,

Jasper Academic, Academic 1 bar, **Jessica** Academic

Joshua Academic, Service, **Kiet (Tommy)** Academic, Academic 1 bar, Service 1 bar, Sport, **Luka** Academic, Academic 1 bar,

Malaki Service, **Mallissa** Academic, Academic 1 bar, **Molly** Academic, Academic 1 bar, **Nilani** Academic, Arts, Arts 1 bar,

Poppy Academic, **Rosa** Academic, Academic 1 bar,

Rosalie Academic, Academic 1 bar, **Sebastian** Academic, Academic 1 bar, **Shirin** Academic, Academic 1 bar, Arts, Arts 1 bar,

Service, Service 1 bar, Sport, Sport 1 bar, **Sofia** Service, **Tiana** Academic, **Viana** Academic, **Angela** Academic, Academic 1 bar, Community Service.



FINAL ASSEMBLY AWARDS



YEAR 9 SKILLS BREAKFAST

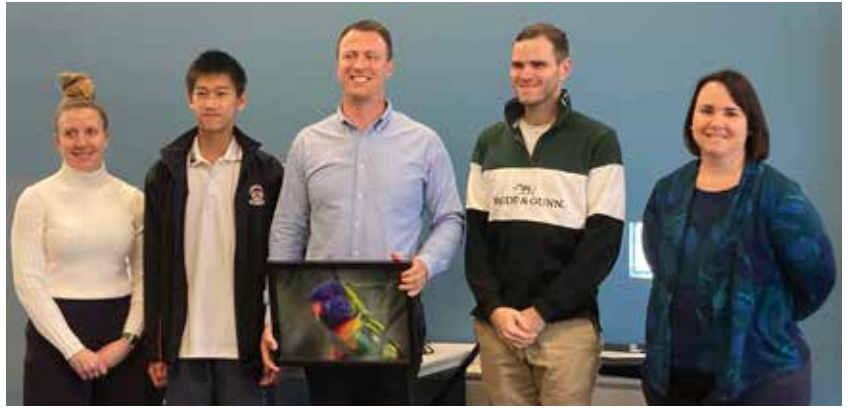
On Wednesday 31st of August many of the high achieving students from the Year 9 cohort came together to listen and learn from a successful leader in our community: James Banks.

We learnt countless life lessons from James' journey to where he is today and his career as a WA Tesla Service Manager.

Afterwards, the students had the opportunity to enjoy an incredible array of food for breakfast made by the Year 12 Cert II in Hospitality students.

These Year 9 students were selected by being the top performers in a particular course during semester one. It was a great celebration of their achievements and congratulations to all these students on their hard work!

By Aliyah Blank and Sofia Norrie



YEAR 12 HIGH ACHIEVER'S BREAKFAST



Henri Crisp, from the graduating Class of 2013, was the final guest speaker at the school's High Achiever's breakfast.

Henri is the Sales and Marketing Manager for the Additive Manufacturing division of SFDesign, a leading Perth-based engineering business.

After Henri's presentation, the School Captains, Will and Amy, presented him with a framed photograph taken by photography student Eloise Osborne (Y12).



YEAR 7 YOUNG ENTREPRENEURS SHOWCASE

During Week 9 in December, **Gretta , Trinity** and **Sasha** from Year 7 went to the inaugural Young Entrepreneurs Showcase held at the Westin Hotel, Perth. Twenty five high schools from Western Australia's regional and metropolitan areas, presented a 1 minute pitch about their start-up idea as a part of the West Tech Fest.

The Year 7 students had a day networking with other well established and up-and-coming entrepreneurs and businesses. The students did an exceptional job in promoting their business, Helping Hive- A multi-faceted agency assisting those stuck by poverty. The students even managed to raise money for the Smith family, schmooze Perth Lord Mayor Basil Zempilas and meet Peter Vesterbacka, the creator of Angry Birds. Exceptional work from the students taking positive steps towards solving a global issue.

Kelly Ngatai, STEAM Coordinator



PHYSICAL EDUCATION: WATER POLO

YEAR 7/9 WATER POLO COMPETITION

After a long hard day, we got to the semi-finals and we're defeated by Churchlands who went through the Grand final. We came 3rd overall from 9 teams. Huge effort by the girls, some of whom had not played Water polo before.

Year 10 coaches, Chelesa Keane, Josh Kegg & Imogen Ballin were awesome. Stand outs Milla Keane & Charlie Czaplinska

Year 8 Players

Charlie 8H1, Scarlet 8M5, Aria 8F1 , Charlie 8H5
Elliana 8M2, 8O5, Hannah 8M5, Milla 8F1,
Maisie 8S2, Gemma 8S2, Matilda 8M1, Zoe 8H2, Amelia
8H5 Daisy 8S2,

Yr 10 Helpers

Imogen 10F2, Josh 10M3, Chelsea 10F2.

Ms Danielle Huljich, Physical Education Teacher.



MUSIC OUTDOOR CONCERT

The Outdoor Concert marked the end of the 2022 concert season. This was a lively showcase featuring ML bigger orchestras and ensembles and included some fabulous collaborations, such as the Senior Jazz combo and choir singing 'Centrepiece' by Hendricks and 'Kashmir' performed by Contemporary band 2 featuring our String orchestra and Big Band 1. These performances highlighted the community shared musical values of our wonderful IMSS and Mount Lawley Senior High School staff and music students.

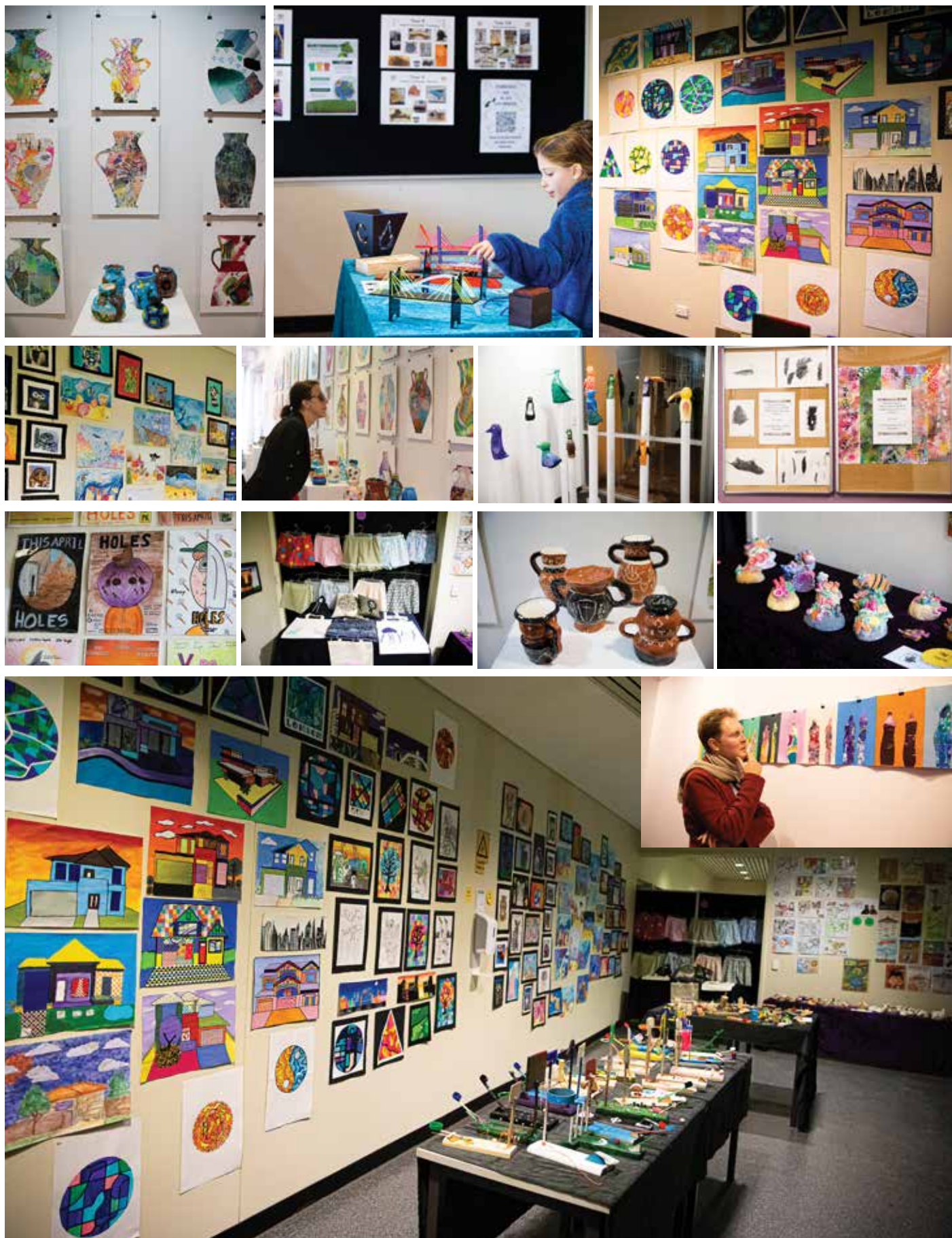
This event was supported by long term sponsor partner and community member **Crust Pizza**. The Music Department extends its appreciation to this wonderful establishment and encourages all our students and community to shop local.

Michelle deRozario, Teacher In Charge of Music



SVAPA ART EXHIBITION BY MIDDLE SCHOOL

SVAPA students worked towards an Visual Arts exhibition of their work displayed in the Tricycle Theatre. The SVAPA students had the opportunity to work with two professional artists during their classes, Gayle Mason and Steph de Baisi. A big thank you to teachers Jane Packham and Charles Warren for assisting the students to set up the exhibition which was available for the school community to view during the Music Concert in the evening.



YEAR 6 ORIENTATION DAY

The 2023 Orientation Day was a huge success! Over 500 prospective students and their parents were welcomed into the school and given a small taste of what the school has to offer. The day began with a short welcome in the Middle School before students were whisked off to begin a day of exciting activities while the parents were invited to attend an information session in the Senior School building. The students began by playing games designed to give them an opportunity to get to know each other as well as their teachers. Once everybody had settled into their allocated community, it was time to travel the width and breadth of the school participating in a myriad of activities including sport, cake decorating, media, language activities, STEAM activities, house meetings, community meetings and so much more. The students had a very busy and exciting day! Getting to know new friends.

The parents listened to presentation from Mr Raphael, Associate Principal Middle School, the attendance officer, the Manager of Corporate Services and the school chaplain, Mr Andrew Paul. Parents were treated to a magnificent musical piece performed by one of the many school ensembles. Following the presentation, parents were invited to a huge morning tea which was provided by the parents of our current Middle School students and organised by the P&C. The school is very grateful to Helen Goldsmith and the other committee members who undertook this huge logistical exercise. A heartfelt thank you to all the parents who contributed to the morning tea and to all the helpers (both parents and students) who worked so hard to make the whole day such a success.



YEAR 9 CAREER TASTER EXPERIENCE

During Weeks 9 and 10 of Term 4, a group of 50 Year 9 students participated in a Career Taster Experience facilitated by trainers from the School of Isolated and Distance Education (SIDE) and earning themselves a Unit of Competence in Careers Exploration, recognised by TAFE. Students engaged in two back-to-back modules in the library where they identified jobs and industries that interest them and spent time exploring and defining their personal skills and attributes, matching these with jobs in a variety of industries.

After completing these modules, students visited the Construction Futures Centre, where they met the trainers from Try-A-Trade and split into two groups to explore the various interactive activities and exhibits on offer at the centre. Students enjoyed participating in building and landscape projects utilising kinetic sand and interactive visual projections to bring a house plan to life, using Virtual Reality headsets to experience operating large cranes used in building projects and envision themselves on the ground level of worksites working with enormous machines and their operators. Students gained an understanding of the different opportunities offered across the civic, residential, commercial and resources sectors of the construction industry and many of which will continue their Career Exploration Tasting in Year 10.

Marc Newbound, Year 9 Coordinator



VOLUNTEERS & EMPLOYERS MORNING TEA

On Monday 12 December the annual thank you Morning Tea was held in the staff room. The event acknowledged the service of school volunteers, workplace employers, scholarship donors and supporters of the school community. Three long serving committee and board members were presented with a school plaque and a pen for the important contribution they had made over many to the school.

The recipients this year included Erida Situmorang, wife of the late **John Pryor** and his daughter Michelle Pryor. John was the long serving P & C president, web master and member from 2008-2021. He made an enormous contribution the school and we extend our condolences to his family on his passing. **Cameron Brook** was honoured for his services to the P&C and for his outstanding work as chair and member of the School Board from 2017 to 2022. **Randal Wells** was presented with a plaque for his contribution as a member of the School Board and the P & C Committee from 2015 to 2022.



MIDDLE SCHOOL DANCE SOCIETY



MIDDLE SCHOOL DANCE PROGRAM

Dance Society is a club for Middle School students interested in learning to dance or building on what they already know; founded at the beginning of this year. We would meet weekly on Wednesday or Thursday in the ECU Multipurpose Room in the gym after school. Over the course of this year, our class of year 7 and 8 students have had the opportunity to meet new people and learn various dance genres such as contemporary, modern jazz and ballet. We were taught how to effectively warm up and cool down for a dance class and learnt skills such as jump swings, pirouettes, chaines, jetes, and more that have helped build us up to our Dance Showcase during Term 4. It is always a supportive and encouraging environment for beginners and more advanced people. We are always learning things we thought we wouldn't be able to do, but Miss Bower has taught us at our own pace. We really enjoyed learning and practising the dance for our performance.

Amelia Brennan, Ashley Cheaib, and Caitlyn Gray



SCHOOL WELLBEING PROGRAM

WEEK 45

RELATIONSHIPS + EMPATHY



TEAMWORK

WHY: by using social connectedness to learn well with other students and teachers in teams, you will multiply your creativity and opportunities to share and appreciate new ideas, outlooks and others' strengths.

HOW: discuss shared team expectations, including, valuing all members' input, accepting individual differences, one person to speak at a time, no put downs, having fun and thinking in more intelligent ways using Habits of Mind.

Team roles for well-functioning teams include: Organiser, Starter, Recorder, Verifier, Listener, Timer, Coordinator, Finisher and Energiser.

Acknowledgement: Hassed & Sinek

DO: when is a time you learnt well in a team and why?

.....

.....

.....

What are the most important things for you to do in a team?

.....

.....

.....

Which resilience skill could help you?

.....

PARENT WELLBEING

When you and your family learn how to self-generate positive emotions in yourselves, everyone's wellbeing will be in a healthy place. An activity which enables this, is Photo 7. Every day for a week, you all take photos of things on your phones which made you happy and that you are grateful for. Share them as a family at dinner time each night and why they make you happy. What can you take a pic of?

Human beings are hard wired to be at their best when working cooperatively with each other to strive to achieve goals together. This is particularly so in class, where each student has a responsibility ask questions and appreciate the efforts of their classmates.

Group learning is an effective way to harness students' strengths by combining a wide range of abilities, points of view and attitudes to issues. Peer learning enables students to have input, be valued for their ideas and perspectives and learn how to develop collaborative and interdependent habits through attentive and empathetic listening.

Learning in teams also goes a long way to removing the perceived stigma of asking for help from their teachers. When students teach each other, they remember over 90% of the processes involved, and they are actively participating in real learning, not just filling the bucket. Keys to a well functioning group include, a valuing, tolerance and acceptance of individual differences and a clear set of agreed expectations for the group to operate by. To avoid having groups of similar thinking clones, set the expectation that they have two ears and one mouth and as such should listen twice as much as they talk. Acknowledgement: Hassed & Sinek

"Alone we can do so little, together we can do so much." Helen Keller

WEEK 46

MEANING + PURPOSE



MAKING THINGS RIGHT

WHY: by sorting out issues with others quickly and fairly for win-win outcomes, you will stay connected, respected and protected in your relationships.

HOW: use your strengths to consider, what you did or said?

What were you thinking then?

What have you thought since?

Who has been affected and how?

What could you have done or said differently?

What would you do and say now?

How do you think things would change?

What things should you say and do to make things right?

Acknowledgement: Peterson & Gable

DO: when is a time you used this approach to sort out issues with others?

.....

.....

.....

What are benefits to others and your wellbeing by resolving issues with win-win outcomes?

.....

.....

.....

Which resilience skill could help you?

.....

PARENT WELLBEING

Mindfulness is about pausing to connect with yourself and the present moment. To achieve this, you need to find unplanned and unstructured time to notice something different about every day. Another effective way to do this, which will benefit your wellbeing, is to regularly do the mindfulness activities from www.learningcurve.com.au. Your son/daughter's school has a username and password. What is something that you do to connect with yourself?

To build the wellbeing of the whole school community there needs to be a shift in our thinking from what school rule was broken, why did it happen and what are the consequences, to this was a violation of our school community's trust which affected respectful relationships. Then ask students how can they use their strengths to make things right for others and act more positively. This approach promotes growth mindsets to ensure that others matter, because they do.

This shift is about moving from external control by adults to showing students how they can use their top strengths to build their own internal control to understand what has to happen to make things right and how will it be done. Asking students who do the wrong thing to complete Restoring Esteem and Focus (see website) will assist them to have empathy for others.

Reflecting on the following questions focuses students on using their strengths to make changes themselves:

- who has been affected by what happened and how?
- what could I have done or said differently?
- what would I now do and say?
- what do I have to do to make things right?
- How can I use my top strengths to achieve this?

SCHOOL WELLBEING PROGRAM

WEEK 47

ACCOMPLISHMENT + OPTIMISM

T.E.E.L. PARAGRAPHS PROCESS



WHY: by learning how to create quality paragraphs using T.E.E.L., you will improve your learning outcomes.

HOW: T.E.E.L. stands for:

- » **Title** – first sentence explains what the paragraph is about.
- » **Explanation** – expand on Title sentence with your reasons and arguments.
- » **Evidence** – provide support for your reasons and arguments. For an argumentative essay, supporting evidence are trends and statistics. For books, supporting evidence are quotes from and references to the book.
- » **Link** – two sentences relating back to the Title sentence.

Acknowledgement: Papas & Wadei

DO: what method do you use now to write paragraphs?

.....

.....

.....

What could be the benefits for using the T.E.E.L. Process?

.....

.....

.....

Which resilience skill could help you?

.....

.....

WEEK 48

HEALTH + STRENGTHS

NATURE MOMENTS



WHY: by spending time every day exercising and having fun with friends and family in the outdoors with nature, you will feel full of energy and healthy.

HOW: outside in the fresh air with mother nature, benefits both your mental health with improved memory functioning, less anxious thoughts and stronger bone growth from vitamin D in sunlight. The beauty of nature has a calming effect on stress and improves your sleeping patterns. Also, time away from social media and electronic leisure improves your wellbeing.

Acknowledgement: Coley & Kuo

DO: when is a time in the outdoors you paused and appreciated the beauty of nature?

.....

.....

.....

How could using JOMO help you to spend more time with nature?

.....

.....

.....

Which resilience skill could help you?

.....

.....

PARENT WELLBEING

The Golden Rule, which is, treating other people the way that you like to be treated, works well when there are a lot of people with you, makes it hard to show empathy for individuals. On the other hand, the Platinum rule, which is, treating other people the way that they like to be treated, works well in small groups and you are able to show empathy more easily. How can you find out how others like to be treated?

The ability to construct well structured and logical paragraphs enables students to clearly express the message they wish to convey in what they are writing about. The T.E.E.L. method builds this capability and there is a T.E.E.L. Thinking Tool on the website which will assist in using it.

All too often, students may have investigated a topic or created a story very well, but through their inability to construct meaningful paragraphs, their efforts are not rewarded. A step by step intelligent plan to follow creates new brain pathways which become faster and stronger every time they use it, which enables them to confidently and capably construct paragraphs.

T.E.E.L. stands for:

- **TITLE** - the first or topic sentence explains to the reader what the paragraph will be about.
- **EXPLANATION** - expand on the Title sentence and discuss your thoughts, reasons and arguments about the topic.
- **EVIDENCE** - provide support for your thoughts and reasons as proof to the reader.
- **LINK** - one or two sentences relating back to the Title or topic sentence.

T.E.E.L. is also a very effective strategy to use when reviewing their notes and revising for assessment tasks and tests, because it organises and codes learnt material logically in students' minds.

PARENT WELLBEING

Listening is one of the most difficult activities that you can do, because it is so hard to actually pay attention to the words the other person is saying, rather than listening to your own thoughts. It's about listening to learn, not to reply. Also, when you interrupt someone, you have taken the conversation away from the person speaking to start talking about your ideas. When is a time that you listened well?

Albert Einstein wisely shared that "look deep into nature and you will understand everything better." The 21st century is pulling people along so quickly that many of the core behaviours of the human race are being lost. One of these, is spending quality time every day outdoors, enjoying the beauty of nature and breathing in fresh air. As a family, prioritising exercising and playing outside every day together will relax all members and generate positive emotions.

Outdoor activities well worth trying include riding bikes, scooters and skateboards, running and jogging, fishing, bushwalking, camping, watching animals play, going to the beach, a river or a pool for a swim, visiting a zoo, watching planes take off and land, surfing, mowing lawns, gardening, building a vegetable and fruit garden, reading book outside, having a nap in the fresh air, helping a neighbour, having fun at a barby, washing the family car (polish it for a real workout) and many more simple pursuits.

Vitamin D from sunlight is essential for strong bone growth and time outside will enable it to do its job. Spending too much time indoors being glued to screens, eating junk foods and being very inactive is having an adverse effect on many students health, with the early onset of diabetes and obesity becoming more and more common.



COMMUNITY NOTICES

The following information is presented as a service to parents/guardians, however Mount Lawley Senior High School does not recommend, endorse or promote these providers.



Juniors Pre registration

Wembley Netball Club **Juniors** are taking pre-registrations for 2023. We are expanding the number of junior teams we currently have and have places available in both the School Year 7/8 divisions as well as the School Year 9-12 divisions.

If you are a keen netballer and would like to join a supportive club then email the junior registrar [Melissa Dorant](#). Please use the subject Juniors 2023. Once we have received your email we will send out further information on how to preregister. Once you have completed the pre-registration a spot will be reserved for your child (if places are still available at the time).

For those of you who are existing members you do not need to reply as a spot will be held for you.



Please share our new ABSTUDY post on Facebook for school leavers

We know you play a big role in helping students and their families with the transition after high school.

We need your help to reach Aboriginal and Torres Strait Islander students who are recent school leavers and their parents. These students can continue getting ABSTUDY if they go on to higher education study or an apprenticeship.

Please share our [ABSTUDY for higher education or training post](#) on your school Facebook accounts. This will help get this important information into the community so parents and students can plan early for the year ahead.

To support students and families, you can also: download our [School Leavers Resource eKit](#)

read more about how you can help students [transition to higher education or an apprenticeship](#)

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